



C.A. SPIRIT

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.
HELP LINE 414-445-LIFE (5433)

C.A. SPIRIT, ISSUE 30

NOVEMBER 2003

<http://my.execpc.com/~cocaine/>

Inside this issue:

Eleventh Step Submitted by Billy B.	1
Tradition Eleven Submitted by Tom W.	2
CAWA Convention Fundraiser	2
Unity Day Day of Enhancement	2
It's In The Book Ask A Member	2
15th C.A. Midwest Regional Convention	3
Razors Edge Open Speaker Meeting	3
Coke-A-Thon	3
Humor Corner	3
November Calendar Sobriety Birthdays Service Meetings	4
Message Board Events & Announcements	4

Endless Gratitude

ELEVENTH STEP

Sought through prayer and mediation to improve our conscious contact with God as we understand Him, praying only for knowledge of His will for us and the power to carry that out.

I was raised to fear God and taught that He was a separate entity, vengeful and jealous. Because of the fear and anger I had against God, I tried to hide from God for many years. I rebelled against religion for many years and ultimately became ignorant to prayer and meditation.

Arriving at Step Eleven, afraid and humble, I simply asked God to make me teachable and to guide me to the true way. I found myself led to many different books and discussions on theology, prayer, and

meditation. I studied the basics of many religions of the world. I found, although they were all different, the basic spirit and truth of each were the same. I was able to recognize my own truth and follow it.

I learned that God is not a separate entity, but a force in and through everything that is and is not. I learned that *God is Love*. The two words are interchangeable. I believe that it is only our egos that demands forgiveness and separation from God. For

me to find God, I only need to look within. I find a quiet place within, where there is no thought ran by my ego.

This has been by far the most important Step of my life. In times when my ego runs my life and situations become unbearable, I can sit in quiet meditation and draw peace and strength from an ever loving, ever giving God. But don't believe me. Try it for yourself.

-Billy B.

We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity and from dishonest or self-seeking motives. Under these conditions we can employ our mental facilities with assurance, for after all God gave us brains to use. Our thought-life will be replaced on a much higher plane when our thinking is cleared of wrong motives. We usually conclude the period of meditation with a prayer that we be shown all through the day what our next step is to be., that we be given whatever we need to take care of such problems. We ask especially for freedom from self-will, and are careful to make no request for ourselves only.

-Big Book, p. 84

C.A. SPIRIT—is always looking for submissions. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210, or e-mail the editor at: xrebellion@wi.rr.com

Submission deadline: 2nd Tuesday of each month—6:30 PM, for the following month's publication.

Interested in putting together this newsletter? Please attend the Delegate Committee service meeting.

TRADITION ELEVEN

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

The obvious reason of maintaining anonymity is to protect the fellow-ship in the event that some negative publicity should befall the public fellow.

There is however more to this tradition. As recovering people, we need to check our motives. Anonym-

ity helps us preserve the altruistic motive. Also, our C.A. fellowship is all about principles working in individuals, one addict at a time. We celebrate these principles being applied in our lives. And while we admire the individuals that are applying these principles we have found that it

is easier to accept our way by other addicts, the media and the public when we tell our stories with no personal publicity or agenda suggested.

-Tom W.

8TH ANNUAL C.A. OF WISCONSIN AREA Pre-Convention Fundraiser Saturday November 22, 2003

7:30 PM Speaker Meeting
DJ-Dance to Follow



Serenity Club
3677 E. Pulaski Ave.
Cudahy, WI, 53110

Contact Convention Entertainment/Fundraising
Chair Peter J. more for details
414-769-9550

Look for flyer!

CAWA Convention Committee

UNITY DAY "Day of Enhancement"

Saturday November 29, 2003

Workshops, Luncheon, Speaker Meeting
Big Book Trivia

Unity Ev Lutheran Church Hall
1025 E. Oklahoma Avenue
Milwaukee, WI, 53207

To be of service contact...
Lori C./Group donations: 414-727-8329

Unity Chairs:
Billy B. 414-520-7568
Debbie S. 414-671-4043

Look for flyer!

CAWA Unity Committee

IT'S IN THE BOOK

Ask A Member

The Big Book of Alcoholics Anonymous is the basic text of Cocaine Anonymous.

Q: Dear Member, A few of my friends who are not in the program often ridicule me about the program. Especially when I talk of needing a Higher Power and spiritual beliefs I found since my recovery. What can I do or say so they stop belittling me?

-Anonymous

A: Dear Anonymous, Big Book, p. 68; "We need not apologize to anyone for depending upon the Creator. We have good reason to disbelieve those who think spirituality is the way of weakness. For us, it is the way of strength. The Verdict of the ages is that men of faith seldom lack courage. They trust their God. So we never apologize for our belief in Him. Instead, we try to let Him demonstrate, through us, what He can do."

Send your questions to: It's In The Book, Ask A Member, c/o C.A. SPIRIT, mail to C.A.W.A. Central Office or e-mail to the editor at: xrebellion@wi.rr.com

15th Annual C.A. Midwest
Regional Convention
"The Power of One Day"
Oct. 31st-Nov. 2nd, 2003



Olympia Resort & Conference Center
1350, Royale Mile Rd.
Oconomowoc, WI, 53066
800-558-9573

Marathon Meetings, Speaker Meetings,
Entertainment, Fun and Fellowship.

Friday Oct. 31st
Custom Dance... Prizes!

For more information contact...

Registration Chair: Paul D.
262-784-4873 pditter@acro.com

Outreach Chair: Jimmy R.
262-646-8749 jimries@earthlink.net

Razors Edge Group's
Open Speaker Meeting

Saturday 9:00 AM
November 15th, 2003

S71 W23280 National Avenue
(off Hwy 164 & I-43)
Big Bend, WI 53013

Everyone Welcome!
Child Care Provided.

Coming...

Annual Holiday Coke-A-Thon

December 24 & 25, 2003

December 31, 2003 & January 1, 2004

Please get your home group involved.
Sign up for Coke-A-Thon time slots
by November 10th.

Contact: Billy B. 414-520-7568

Look for flyer!

CAWA Unity Committee

Humor Corner




Have some a good recovery humor?
Send it in!



A fight erupts between this alcoholic and addict
as to which fellowship is the best.

C.A. SPIRIT, is a monthly publication of Cocaine Anonymous of Wisconsin Area. It is intended solely for information to the members of Cocaine Anonymous. We hope to communicate the experience, strength, and hope of C.A. members reflecting recovery, unity, and service, within the bounds of friendliness and good taste. C.A. SPIRIT Newsletter presents experiences and opinions of Cocaine Anonymous members. Those opinions expressed herein are of the individual contributors and are not to be attributed nor taken as an endorsement by either Cocaine Anonymous or C.A. SPIRIT. The editors reserve the right to edit any submissions in adherence to the Twelve Traditions of Cocaine Anonymous. If you would like to know more about Cocaine Anonymous, the Twelve Steps and the Twelve Traditions, please write and ask for C.A. World Service Conference approved literature. C.A.W.A., 3060 N. 68th Street, Milwaukee, WI 53210, C.A. World Service Office web page: www.ca.org

NOVEMBER 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Pain is inevitable... suffering is optional.				31	1
	MW Regional-					
2	3	4	5	6	7	8
Convention						
9	10	11	12	13	14	15
16	17	18	19	20	21	22
Speaker/Dance						
23	24	25	26	27	28	29
					Unity Day	
30	The shortest prayers are, "Thank You" and "Help".					

November Sobriety/Clean-Time Birthdays

Darin B. November 12th 3 years
 Shawn L. November 16th 3 years
 Cathy L. November 17th 2 years
 Ray P. November 21st 2 years
 Erin R. November 27th 3 years
 Laura R. November 27th 4 years

Congratulations!

One Day At A Time

All Service Committee meetings are held at
 C.A.W.A. Central Office, 3060 N.
 68th Street, Milwaukee, WI 53210
*All C.A. members are welcome
 and encouraged to attend.*

November 10th 7:00 PM Public Information Committee / 2nd Monday
 November 9th 5:00 PM WI Area Convention Committee / 2nd Sunday
 November 11th 6:30 PM Delegate Committee / 2nd Tuesday
 November 18th 6:00 PM Finance Committee / 3rd Tuesday
 November 18th 6:00 PM Special Events Committee / 3rd Tuesday
 November 18th 7:00 PM Area Service Committee / 3rd Tuesday
 November 30th 12:00 PM Hospitals & Institutions Committee / Last Sunday

Unity Committee, Next Meeting Nov. 8th, 9:00 AM / call Billy B. 414-771-8860
 Structures & Bylaws / call Peter J. 414-769-9550

Message Board

15th C.A. Midwest Regional Convention Planning Committee, "The Power of One Day", Oct. 31st-Nov. 2nd, 2003, Olympia Resort & Conference Center, 1350, Royale Mile Rd., Oconomowoc, WI, 53066, 800-558-9573, CA room rate (Double) \$95.00. HELP IS STILL NEEDED... Contact Tony D. (414-332-4249) or Michael K. (414-545-0372) Convention Co-Chair, 262-853-6730.

Open Speaker and DJ-Dance, November 22, 2003, Pre-convention fundraiser for the Wisconsin Area Convention in February 2004. 7:30 PM, Serenity Club, 3677 E. Pulaski Avenue, Cudahy, WI. 53110. Contact Peter J. 414-769-9550.

Unity Day "Day of Enhancement, November 29, 2003, Workshops, Luncheon, Angel Walk, Open Speaker Meeting, Big Book Trivia, 10:30—9:00 PM, Unity Ev Lutheran Church Hall, 1025 E. Oklahoma Avenue, Milwaukee, WI. 53207. Contact: Billy B. 414-520-7568.

8th Annual C.A. of Wisconsin Area Convention "Let Go", February 2004, Planning committee meets at Central Office, 2nd Sunday at 5:00 PM. Looking for Art work for this year's theme: "Let Go", is due at the July planning meeting. Service commitments and help is still needed. All members are encouraged to be of service. Contact Chair: Gregg B. 414-899-8031. Limited Pre-Convention/Outreach t-shirts available... Contact Rick D. 414-350-5146.

20th Cocaine Anonymous World Service Convention, "Spotlight on Recovery", May 27th-31st, 2004, Hilton Los Angeles/Universal City, 555 Universal Hollywood Drive, Universal City, CA, 91608, (818-506-2500), \$149.00 King or Double Bed, Please ask for the CAWS 2004 room rate when making your reservations. Additional \$35.00 room fee for more than two quest, except for persons 18 or under. Contact Ralph W.-Outreach Chair at: ralphawhite@yahoo.com or the CAWS 2004 web site for more information: www.caws2004.org

-Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar-
 Write to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210 or e-mail the editor: xrebellion@wi.rr.com