

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.

414.445-LIFE (5433) CAWISCONSIN.ORG

BI-MONTHLY NEWSLETTER ISSUE 9

MAY
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2006

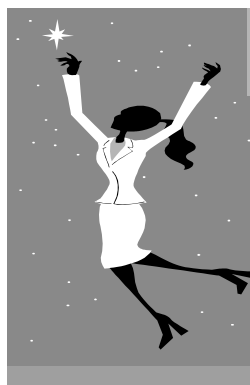
C.A. Spirit

RARELY HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

Willingness...

Growing up I believed that if I made up my mind I could do and achieve anything I set out to do. All I had to do was work for it. Somehow over all those years I missed the "work for it," part. I spent many years trying to do mostly my will and slowly losing control of my life. I was merely surviving, not in fact, living. My life was filled with drama, failed relationships and misery. In the end I could not will myself not to take a drink! No matter how strong my resolve, I would always pick up.

When I arrive at my bottom, I said to the person I had asked for help, "I'll do anything - please help me." He suggested to get to a meeting. I was told to keep coming back and not to pick up in-between. I became willing and opened myself up to do something different. I admitted my powerlessness over alcohol for the first time in my life. I started taking direction from outside myself. I was told I would have to do the work myself and people in the rooms would stand by me for support.



Early on because I took direction from the group I attained some sober time. Today because I continue to take direction from my Higher Power who works through the group, my sponsor and others on my path, I can maintain my sobriety. This program is a way of life for me today and willingness has been the key. I am no longer the director. I am so grateful I have a new director and now I'm actor.

-Jan S.
(A Vision For You)



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Take a walk with God.
He will meet you at the Steps.



We are always looking for submissions from members. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C..A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210

C.A. Spirit Editor: Ann M. phone: 414-315-0287 e-mail: angeldance@wi.rr.com

Dear Addict,

Dear Addict,

How were the words "Hope, Faith and Courage," unique to our fellowship developed?

Anonymous

Dear Anonymous,

It occurred to me that when many of us walk through the doors of Cocaine Anonymous for the first time, we do so without hope, without faith, but with an ounce of *courage*. We listen to the stories and experiences of others and develop *hope*. As a result of coming back, and coming back, and coming back and working the Twelve Steps, we acquire an abundance of *faith*. Thus were born the guiding principles *Hope, Faith and Courage*.

-Hope, Faith & Courage, pp. xxviii-xxix.

The books of Alcoholics Anonymous, Twelve Steps and Twelve Traditions, Hope, Faith & Courage and C.A. Conference approved literature is used to answer inquiries to this section of the C.A. Spirit newsletter - *Dear Addict*.

Saturday April 22, 2006

17th Annual Sunday Night Strength Group's Anniversary Spaghetti Dinner Meeting

Open Speak'n, Eat'n, Dance'n, Meet'n
Door Admission: \$10.00

Theme: "*The Courage To Change*"
5:00 PM—Midnight



Immaculate Conception Cafeteria
1051 E. Russell Ave.
Milwaukee, WI 53207

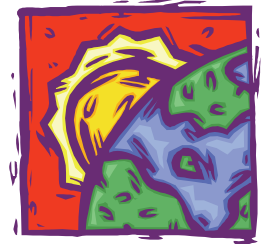
Committee Chair: Tracy C. 414-243-2553

22nd Annual World Service Convention May 25 – 29, 2006

Global Awakening

Hilton-Americas - Houston
1600 Lamas
Houston, Texas 77010
1-800-236-2905

CAWS Registration Chair:
Walter J. 713-553-5811
registration@cawsconvention.org



4th of July C.A. Unity Picnic

Humboldt Park
Picnic Area #2
3000 S. Howell Ave
Milwaukee, WI 53207



11:00 am until dark...
Join us for...
*Fun, Food,
Fellowship &
Fireworks!*

There will be a fellowship table for sharing. Please bring a dish to pass. Grill and charcoal provided. Group donations of soda, water and meat gratefully accepted.

Contact Unity Committee Chair: Rick D. 414-350-5146

World Service Conference August 29—September 3, 2006 Los Angeles, CA



Reminder: Please submit your
2006 WSC Referrals to the
WI Area Delegate Committee.

Contact: Ann M. 414-315-0287

Upcoming Area or Group Events...

*Special Events: Annual C.A.W.A. Anniversary Picnic
Pre-Convention Fundraising Events*

Step Five: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

When we reached A.A. (C.A.), and for the first time in our lives stood among people who seemed to understand, the sense of belonging was tremendously exciting. We thought the isolation problem had been solved. But we soon discovered that while we weren't alone anymore in a social sense, we still suffered many of the old pangs of anxious apartness. Until we talked with complete candor of our conflicts, and had listen to someone else do the same thing, we still didn't belong. Step Five was the answer. It was the beginning of true kinship with man and God.

This vital Step was also the means by which we began to get he feeling that we could be forgiven, no matter what we had thought or done. Often it was while working on this Step with our sponsors or spiritual advisors that we first felt truly able to forgive others, no matter how

deeply we felt they had wronged us. Our moral inventory had persuaded us that all-round forgiveness was desirable, but it was only when we resolutely tackled Step Five that we inwardly *knew* we'd be able to receive forgiveness and give it, too.

-Twelve and Twelve p. 57-58.

This feeling of being at one with God and man, this emerging from isolation through the open and honest sharing of our terrible burden of guilt, brings us to the resting place where we may prepare our selves for the following Steps toward a full and meaningful sobriety.

-Twelve and Twelve p. 62.



Step Six: Were entirely ready to have God remove all these defects of character.

As a result of discovering the exact nature of my wrongs and the damages caused in my Fourth Step, I faced my character defects head-on. I was directed by my sponsor after sharing my inventory to spend some quiet time with God to carefully consider what I had come to know about myself, and whether I had been as thorough as possible. If I had been, it would become the arch of freedom from the fears that kept me reacting to life based on self-centered thinking.

These are the questions I had to ask of myself; Did I wish to be truly rid of these obstacles within myself that kept me from relating well with others? Or was I to rest in the satisfaction that, after all, wasn't it good enough that I am just not using today?

To have a new freedom and a new happiness, I needed the help of my God. I now stood ready, to have Him remove these defects of character.



If we ask, God will certainly forgive our derelictions. But in no case does He render us white as snow and keep us that way without our cooperation. That is something we are supposed to be willing to work toward ourselves. He asks only that we try as best we know how to make progress in the building of character.

-Twelve and Twelve, p. 65.

-Diane W.
(Sunday Night Strength)

MAY 2006

MAY 2006						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
D E A D = Don't Ever Admit Defeat.						
7	8	9	10	11	12	13
14	15	16	17	18	19	20
Convention Planning	ASC Meeting					
21	22	23	24	25	26	27
2006 C.A. World Convention, Houston, TX						
28	29	30	31			
The ego seeks the destination; the soul seeks the journey.						

JUNE 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
<i>I can't do His will my way.</i>						
4	5	6	7	8	9	10
(11)	12	13	14	15	16	17
Convention Planning						
18	19	(20)	21	22	23	24
ASC Meeting						
25	26	27	28	29	30	
<i>If God were small enough to be understood, He wouldn't be big enough to be God!</i>						

May & June Sobriety Clean Time Birthdays

Tony D. 5/4/96 10 years
Mike W. 5/15/03 3 years
Jeanna D. 5/27/93 13 years



Brigid R. 6/1/90 16 years
Ann M. 6/5/91 15 years
Paul D. 6/10/04 2 years
Debbie A. 6/20/05 1 year
Greg C. 6/22/96 10 years
Danny N. 6/25/96 13 years

Area Service

5:00 PM Area Convention Committee / 2nd Sunday
6:00 PM Delegate Committee / 2nd Tuesday
5:00 PM Unity Committee / 3rd Tuesday
6:00 PM G.S.R. Orientation Meeting / 3rd Tuesday
6:00 PM Special Events Committee / 3rd Tuesday
6:00 PM Treasurer Committee / 3rd Tuesday
6:00 PM Finance Committee / 3rd Tuesday
6:30 PM Internet Committee / 3rd Tuesday
7:00 PM Area Service Committee Meeting / 3rd Tuesday
6:00 PM H & I Committee / 3rd Tuesday
6:00 PM Public Information Committee / 3rd Tuesday

Open Positions: Structures & Bylaws Committee, Secretary, 2 Delegates,
2 Alternate Delegate

Service Committee Meetings are held at:
C.A.W.A. Central Office
3060 N. 68th Street,
Milwaukee, WI 53210



All C.A. members are
WELCOME and
encouraged to attend.

-Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar-
Write to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210 or e-mail the editor: angeldance@wi.rr.com